



Symbiosis Ranch Recipes

Aunt Zelpha's Ice Cream

2 qts milk heated, no boiling

3 c. sugar

4 eggs beaten

1 scant cup of flour

Add enough milk to sugar and flour to mix them. Cook about 20 minutes or until thick, stir often. Add 1 t. vanilla and freeze. Also works great in ice cream maker, sometimes we add fresh fruit, nuts, other treats! We make this from our own eggs and fresh raw milk from Cora our milk cow, amazing!